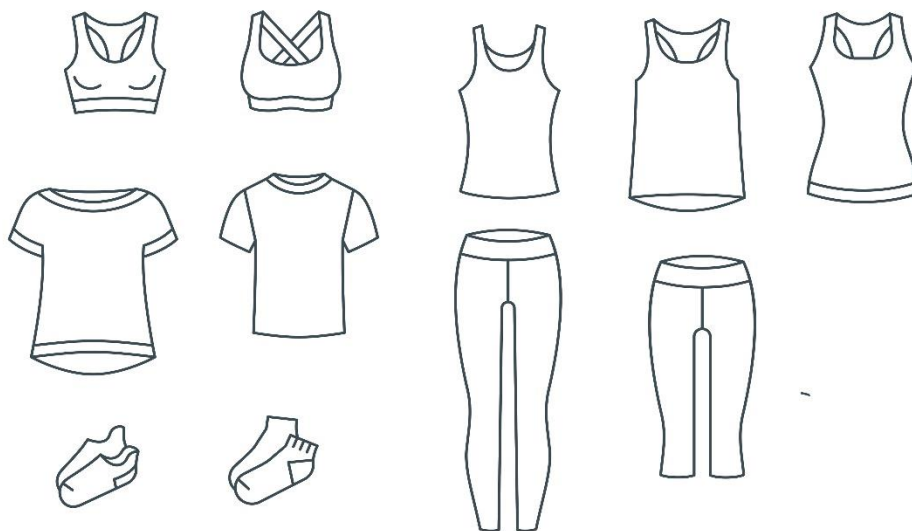


MISS MASSACHUSETTS' TEEN

health & fitness
silhouettes



Your fitness attire this year is your choice (with some basic guidelines, of course)! You will show the judges your individual style while remaining comfortable and confident in your choice of outfit. Listed above, are the recommended silhouettes provided by MAO. We will be doing a short fitness routine (no push-ups) as a group and then you will do an individual modeling portion.

APPROVED COLOR SELECTIONS

LEGGINGS: must be **BLACK** and can be either ankle-length or capri length.

TOPS: Think **SPRING** colors!! Bright, vibrant colors such as **hot pink**, **orange**, **lime green**, **yellow**, or **blue**. Select from either a crop top or tank/tee as shown above.

SOCKS/SNEAKERS: Sneakers may be either black or white and socks can be the same color as your top or black or white. Please make sure they are in excellent condition to wear onstage.

There should be **no logos** on either the top or leggings. Please make sure the material for your leggings is on the thicker side so the stage lights do not reflect through them. "Subtle" or minimal bling is allowable on your tops. Those choosing the tank/tee style tops should also wear a sports bra underneath. If in doubt, please ask!

PLEASE SEND A PHOTO OF YOU WEARING YOUR FITNESS OUTFIT TO DONNA AS SOON AS YOU HAVE IT READY. ALL PHOTOS ARE DUE BY APRIL 30TH FOR APPROVAL.