**Lifestyle & Wellness Information Form**

All candidates will be required to wear a Miss Massachusetts’ Teen fitness top that will be available to purchase. The style of the shirt will either be a “*tank top*” or a more fitted yoga-style, full-coverage style crop top. We are currently investigating the possibility of obtaining these shirts through the National Fitness Sponsor of the MAOTeen/MAO, Rebel Athletics.

Pants and sneakers will be provided by the candidate.

**ANKLE-LENGTH YOGA PANTS:** Candidates must wear solid black fitness pants (yoga pants). Please make sure that the pants are ankle length, are solid black, fitted and **are not see-through!** No logos, beading or embellishments please. Stage lights are not kind, so make sure that your pants are made of a thicker-blend material and your undergarments are not visible. You MUST wear a black sports bra under your top.

**SNEAKERS:** Sneakers may be either black or white and if not new, should be clean and presentable for wearing on-stage. Please wear either black or white no-show athletic socks with your footwear.

*Once a decision is made, we will send out the order form for each candidate to purchase their own fitness top from Rebel Athletics (link will be provided) or send a check to us to purchase the shirts we decide upon. Cost TBD.*

**Fitness Competition Order Form**

*Information will be sent when final decision is made. Please sign and return this form.*

**Candidate Name:**

\_\_\_\_\_ When the information is sent by the pageant staff, I will purchase the fitness top that is chosen for this year’s competition.

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 Candidate Signature Parent/Guardian Signature